



10 Pemberton Avenue  
North Vancouver, BC  
Canada V7P 2R1  
(604) 988-3111  
(604) 984-1613 FAX  
[www.seaspan.com](http://www.seaspan.com)

## NEWS RELEASE

### Seaspan's Ship Disturbers Peddled Their Way to the Top

FOR IMMEDIATE RELEASE: Monday, June 27, 2005

Seaspan International's team, called the Ship Disturbers, has been named as the principal fundraiser for the Heart and Stroke Foundation's Big Bike for Stroke event on the North Shore.

Taking place on Friday, June 24, the team worked extremely hard to raise funds, which resulted in a total donation of \$9025.

The Heart and Stroke Foundation's annual Big Bike for Stroke event urges corporations to assemble teams of 30 people to ride a tandem bicycle for a good cause. The bicycle built for 30 is traveling across Canada from April to September, visiting more than 200 communities across seven provinces. Over 54,000 riders will share in the Big Bike experience. The goal this year is to surpass \$7 million for research into the root causes of heart disease and stroke.

"Congratulations to the employees who participated," said **Steve Frasher**, CEO. "This is a well earned recognition of all your hard work in raising money for the Big Bike for Stroke event."

"The company continues to strive to improve all areas of the business, but has put an especially strong emphasis on safety and employee lifestyles. This type of event is a perfect example of supporting wellness and having a good time doing it."

For further information on the Big Bike for Stroke event please visit [www.heartandstroke.ca/bigbike](http://www.heartandstroke.ca/bigbike).

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**Kelly Francis**  
Communications Coordinator  
Tel: 604-990-1829  
Email: [kfrancis@seaspan.com](mailto:kfrancis@seaspan.com)